# THE EARLSMEAD NEWSLETTER

February 2019 Edition · earlsmead.haringey.sch.uk · office@earlsmead.co.uk · @EarlsmeadN15

## Children's Mental Health Week 2019

Children's Mental Health Week was set up by the children's mental health charity Place2Be to raise awareness of the importance of children and young people's mental health. This year the theme is **Healthy:** 

**Inside and Out** - at school we will be encouraging everyone to think about how they look after their bodies and minds.

When we take steps to be

**Healthy: Inside and Out**, it helps us to feel good, do well and deal with difficult things that happen to us all!

**Don't forget,** if you are worried about your child, you can talk to your GP or a member of our school staff. You can also find a list of organisations that provide support and advice for parents on the Place2Be website:

www.place2be.org.uk/usefulc ontacts



# Maths Really is Fun!

January ended with great excitement in the school as Ms Horbury launched, 'Maths Week' with a Puzzle Day. The Happy Puzzle Company led workshops throughout the school that really got children thinking and working together to solve Maths puzzles.



Thank you to Parents and Carers who attended the workshop to try and problem solve with your child.



The week inspired the whole school and we found children choosing to tackle Maths problems and puzzles everywhere - even at break times.

If you are interested in buying any of the puzzles children used in school, please contact the company directly on <a href="https://www.happypuzzle.co.uk/">https://www.happypuzzle.co.uk/</a>

Teachers and support staff have been thinking about how Maths is connected to so many other subject areas we have been thinking about how to develop children's Maths skills and knowledge within a Maths

but also as part of other learning.

At home you can also point out how we all use our understanding of Maths in real life, often without even thinking about it and involve children in activities such as cooking and shopping where they will have an opportunity to weigh, measure, times, count, add, estimate, budget, add subtract, multiply and divide.

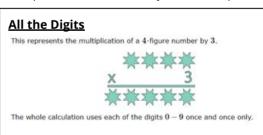


Our younger children joined in with the problem solving with the help of Year 6 during their own, 'Maths is Fun' day.



The week ended with a special assembly to share our good work in Maths and to raise awareness of the work of the NSPCC.

Thank you for your donations to the NSPCC. In the spirit of Maths Week, try this Maths puzzle:



You will find the answer at the back of the newsletter - but try and figure it out without looking!

# WHAT'S HAPPENING THIS MONTH?

1st - NSPCC Number Day

4th - Children's Mental Health Week

5th - Chinese New Year Lunch

5th - Safer Internet Day, 'Together for a Better Internet'

5th - 2 Green class visit to St Paul's Cathedral

6th - National height and weight checks for Reception and Year 6 children

6th - Maths in the Early Years workshop for Parents and Carers

12th - 3 Aqua class visit to the Earth Gallery, Natural History Museum

14th - 3 Violet class visit to the Earth Gallery, Natural History Museum

18th - 22nd - February half term

25th - Children return to school (8.55 a.m.)

#### **FIZZ FREE FEBRUARY!**

We do not allow children to drink fizzy drinks at school. Join the campaign to also stop drinking fizzy drinks at home - even if it is just for a month. The campaign is aimed at children and hopes to break the demand for drinks with added sugar, which can lead to obesity, tooth decay and other serious diseases. New figures show that there has been a 70% rise in the number of teenagers with diabetes. Public Health England advises that primary school aged children should have no more than 24g of sugar in a day. One can of Coca-Cola contains 35g. This month, children will be learning more about the high sugar content in fizzy drinks and working hard to reduce the amount they consume.

## Brilliant News!

For some time we have been very concerned about the telephone box opposite our school being used for criminal activities and anti social behaviour, particularly as it is in full view of our school and children pass it to come and go to school and also play in the area. We have rarely seen it being used to make a phone call! Our Chair of Governor's Andrew Bethell bought our campaign to have it removed to our MP, David Lammy's attention. David Lammy's office took swift action and as a result B.T. have finally agreed to remove it by mid March.

Thank you David Lammy from the Earlsmead School community!

## Head Boy and Head Girl





Bellange and Brendon have been chosen as Earlsmead's Head Girl and Head Boy. They will make sure that student voice is represented in key decisions and developments at Earlsmead.

### Art Lab

Our Saturday ArtLab Club is now up and running and children are thoroughly enjoying every session. Focusing on the theme of values, the ArtLab workshops provide exciting opportunities for the children to explore ideas that mean something to them, to learn from each other and develop art skills and knowledge whilst building self-esteem and continuing to have lots of fun.



## A Special Treat

Year 4 learnt about the Jewish Festival of Hanukkah as part of their R.E. curriculum. They learnt about the special foods Jewish families enjoy during this festival. They were lucky enough to sample some homemade

Latkes that Ms Shapir made especially for them.



# STEM, Encouraging children in Engineering (Kids Invent Stuff)

Kids Invent Stuff is a YouTube channel where 5-11 year olds have the chance to get their invention ideas built by real engineers. The aim is to give children the chance to engage with real engineering projects and stimulate them to come up with their own ideas. Children are encouraged to come up with inventions to solve a different challenge each month. Every month one idea is built and tested and the results and process of creating it are shown online. We have been watching these short entertaining clips in assembly and in class each month. They are well worth watching.

Have a look at past and current projects at <a href="https://www.kidsinventstuff.com">www.kidsinventstuff.com</a>

'Here's Zehra's idea for a hearing aid.'



## <u>Linguafun</u>

We have subscribed to a website to help pupils in KS2 practise Spanish. Linguafun.eu has many exercises and games to support the language learning we do in class. Pupils can also find activities for other languages and subjects. A letter to pupils this week provided them with a username and password. Give it a go!

Please make sure that the school has your most up to date contact details AND <u>two</u> emergency contact numbers for your child. It is essential that you provide the office with this information and that you let them know of any changes when they occur.

#### **February's School Value**

This month we will be thinking and learning about, 'Ambition'. It is defined as the personal desire to achieve something, accompanied with motivation, determination and an internal drive. We will also be thinking about how our setbacks or failures whilst trying to achieve our ambitions are important opportunities to learn.

#### P.E. Kits

Please make sure that you know the day your child has P.E. Children must bring their kits in to change into for their lesson. Please make sure that each item is labelled.







### The answer to the problem!



Maya, Ikram and Shaun worked together to solve the puzzle.



